



STEMMING THE TIDE OF **SUICIDE** IN AMERICA

SUICIDE IS A SERIOUS PUBLIC HEALTH PROBLEM THAT CAUSES IMMEASURABLE PAIN, SUFFERING, AND LOSS TO INDIVIDUALS, FAMILIES, AND COMMUNITIES NATIONWIDE.

1.4 MILLION ADULTS

ages 18 and older attempted suicide in the past year.

3.3 MILLION ADULTS

ages 18 and older made suicide plans in the past year.

10.7 MILLION ADULTS

thought seriously about trying to kill themselves.

Resources to prevent suicide abound, including SAMHSA's National Suicide Prevention Lifeline at 1-800-273-TALK (8255).

**ENGAGE WITH NATIONAL
PREVENTION WEEK TODAY.**

www.samhsa.gov/prevention-week

SAMHSA

Substance Abuse and Mental Health
Services Administration



www.nbyouthprevention.com

