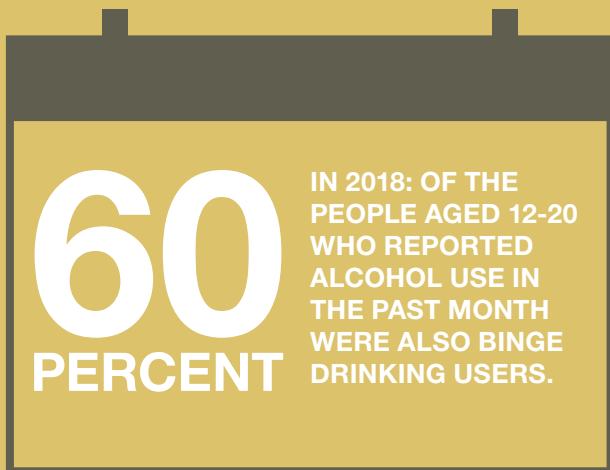




BRINGING DOWN **BINGE** DRINKING

WHILE THE RATES OF NEW YOUTH ALCOHOL USERS HAVE DECLINED SINCE 2010, MORE THAN HALF OF UNDERAGE YOUTH AND YOUNG ADULTS WHO USE ALCOHOL ARE BINGE DRINKING.



BINGE DRINKING

5 or more alcoholic drinks on the same occasion for males; 4 or more alcoholic drinks on the same occasion for females.



Source: Substance Abuse and Mental Health Services Administration (SAMHSA). (2019). *Key substance use and mental health indicators in the United States: Results from the 2018 National Survey on Drug Use and Health*. Rockville, MD: Center for Behavioral Health Statistics and Quality, SAMHSA. Retrieved from <https://www.samhsa.gov/data/>

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